

Unitarian Fellowship of Lawrence  
**WEEKLY NEWS**  
January 12, 2010

**Sunday, January 17**

**9:30 a.m. Service: The View from the North Rim --Ellen Reid-Gold**

Traveling is often an eye-opener for travelers, and my trip to the North Rim of the Grand Canyon this summer was no exception. The trip was full of contrasts: between people, scenery, altitude, and activities.

Many of the polarities of life appear at the Grand Canyon: difficult and easy, big and small, young and old. Awareness of each can broaden our understanding of people and living.

**11:00 a.m. Program: Dr. Martin Luther King, Jr. and the Civil Rights Movement in Lawrence --Bill Tuttle, former UFL member, KU professor, and historian**

Bill will share with us some of the local activities of the Civil Rights movement here in Lawrence and will hopefully spark some memories in our collective consciousness of the involvement of our own members.

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**Wednesday Night**

The Wednesday Night Committee and Jim Williams invite you to join them on Wednesday, Jan. 13th for dinner followed by a Barn Dance in Founder's Hall. Live music will again be provided by the wonderful band, Prairie Acre. All ages are welcome! Sign-up sheets for new classes will be available both Sunday morning and on the 13th. Hope to see you there!

**ANNOUNCEMENTS AND EVENTS**

**Second Annual Fabulous Fellowship Follies**



**Save the Date!**

**Saturday, March 6, 2010**

**Dinner, Entertainment, Celebration, Fun for All Ages**

**Watch this space for more and more details**

**\*\*\*\*Speak, Listen, Learn: The UFL Fourth Principle Hour\*\*\*\***

Do you hold strong views you're eager to share about some aspect of Fellowship life? Do you see problems or opportunities that cry out to be addressed? Would you like an opportunity to hear others' views, and even to engage in a spirited discussion?

Many Unitarian Universalist congregations have a tradition called "Hot Potato Discussions" or "Church Chats," where interested members and friends come together to examine an issue, practice appreciating different perspectives, and get to know each other better. With a trained facilitator and ground rules to ensure that all viewpoints are respected and everyone who wishes to speak is heard, the goal is not consensus or decision making, but a deeper understanding of the issue and of one another.

**On Wed., Jan. 20, from 6:30 to 7:30 in Founder's Hall**, our newly established Committee on Shared Ministry (COSM) will host UFL's first such discussion, called the Fourth Principle Hour ("a free and responsible search for truth and meaning.") *Our topic will be: In a congregation filled with many different perspectives and feelings about language, particularly traditional religious language, how do we honor one another's sensibilities and freedom of expression?* (Think: Church, Congregation, Sanctuary, God, Prayer, Soul, Spiritual, Religion. The list is long!) COSM member Peter Graham will be our facilitator. If the issue inspires passion in you, compile your own list and come join the fun!

**\*\*\*\*Roe v. Wade Interfaith Service: Stand Up for Choice!\*\*\*\***

This is a call to UFL members and friends to join in an interfaith service in Topeka, on **Thursday January 21**, commemorating the anniversary of Roe v. Wade. Led by Christian, Jewish, and Unitarian Universalist clergy (including Rev. Lisa Schwartz of the Topeka Fellowship and Rev. Jill Jarvis of UFL), this service is an opportunity to present to the Kansas public and legislators that there is strong pro-choice religious voice. In recent years, this pro-choice religious presence has been nearly invisible, but this year in the wake of Dr. Tiller's murder and the legislative battles over abortion coverage in national health care reform, the time is right to make a strong showing. The service will be held from approximately **9:30 - 10:30 A.M. at Dillon House across from the capitol**. There is also an opportunity to stay afterwards for lobbying, and a lunch with legislators. For those who plan to go for the day, *a bus will stop at the West Lawrence exit to pick up riders*. If you would like to carpool to Topeka for the service only, please email Jill at [uflminister@sunflower.com](mailto:uflminister@sunflower.com). For information on registration for lunch and the bus, go to [http://www.ksnow.org/KS\\_NOW/Welcome.html](http://www.ksnow.org/KS_NOW/Welcome.html).

**Let's turn out in full force and show Kansas that the religious right does not speak for all faith traditions.**

## **Wednesday Night Classes Beginning January 20**

Sign up for classes either on the sheets in the Social Hall or by e-mailing Rebecca Gant at [rkgant@hotmail.com](mailto:rkgant@hotmail.com).

We'd love to hear your ideas! Let us know if there's a class you'd like to see happen in the future.

### **Exploring Membership Class**

Exploring Membership is a four week course designed for individuals new to Unitarian Universalism (UU), those considering membership, or new members. It will acquaint you with the Fellowship

community and answer your questions about UU. Class will be led by Rebecca Gant and Silke Johanning and will meet Feb. 3, 10, 17 and 24 in the Wolstonecraft room.

### **What If? Works of Alternate History**

Many of you are familiar with the old proverb: "For want of a nail the shoe was lost. For want of a shoe the horse was lost. For want of a horse the rider was lost. For want of a rider the battle was lost. For want of a battle the kingdom was lost. And all for the want of a horseshoe nail." Fascination with "what if," what might have happened had a person not been born, a new technology not have been invented (or introduced centuries earlier), an action not occurred, has produced a genre known as alternate history. I long have been intrigued by stories and books typically categorized as science fiction because they raise issues about human behavior and introduce provocative ideas about how we have (and might) live. I look forward to sharing and discussing several of my favorite works this semester. This class will be led by Ted Wilson and held in the Library on the first Wed. of each month, February 3, March 3, April 7, and May 5.

### **World Religions Book Group**

Susan Rickman will facilitate a once a month book group, centered on Huston Smith's, *The Illustrated World's Religions: A Guide to Our Wisdom Traditions*. We will meet throughout the course of the year to discuss Huston Smith's book, which covers 8 different religions: Hinduism, Buddhism, Confucianism, Taoism, Islam, Judaism, Christianity and The Primal Religions. Our meeting will allow time to discuss the Wisdom-Of-The-Month, and possibly discuss how we might further explore any ideas of interest. Please purchase Huston Smith's *The Illustrated World's Religions: A Guide to Our Wisdom Traditions* and read chapters 4 & 5, Confucianism & Taoism, before the first session on January 27. This class will meet in the Library on the fourth Wed. of each month, January 27, February 24, March 24, and April 28.

### **The Bible is a City: A Personal View**

Like any ancient, large city, the Bible has interesting neighborhoods, some good and some bad. As our tour guides and body guards, we'll use Isaac Asimov's *Guide to the Bible* and the introductory chapters of the *Interpreter's Bible*. Discussion encouraged. No book purchase required or suggested. This class will be led by John Brewer and will meet Jan. 27, Feb. 3, 17, and 24 in the Alcott room.

### **Talking with Your Kids about Sex: Beyond Biology**

We will discuss the book *Sex and Sensibility: the Thinking Parent's Guide to Talking Sense about Sex*. Written by a long-time sexuality educator, the book is divided into two sections: a section titled "New Ways of Thinking and Talking," and the second, titled "Raising Sexually Healthy Children." It is full of research-based and anecdotal information about sexuality, and encouragement for parents as they have those difficult but crucial conversations. Rebecca Gant will facilitate the discussion. Please read part one before the first meeting. Used books are available at amazon.com, or contact Rebecca at rkgant@hotmail.com to borrow a copy. Group will meet March 31 and April 21 in the Library.

### **A Short History of the Way We Eat Now**

Have you ever wondered why recipes call for Crisco when Crisco didn't exist until the early 1900s? Why the color of the bread you eat determines how upper crust you are? Or what the upper crust has to do with being upper class?

In this class we'll take a brief look at the history of how our food got to be the way it is, touching on topics like invention of canning and refrigerators, the creation of ready-to-eat foods like jams and jellies during the Industrial Revolution, how the Swill Milk Scandals in the 1850s led to pasteurization of dairy foods, and how World War II factories were retooled for food production after the war. We'll finish by

considering some of the current controversies and trends surrounding our food supply today. Class will be led by Jennifer Dropkin and will meet March 24th and 31st, April 21st and 28th in the Alcott room.

### **The Pagan Way**

This class will focus on Pagan practices and beliefs. It will meet February 17 and April 21 in the Sanctuary and will be led by Martin Coffman. More information to follow soon!

### **Youth Group**

The youth will meet weekly starting January 13th, from 6:30-8:00p.m. in the Emerson Room except on Board Meeting nights, when they'll be preparing the meal and then joining in the Movies and Barn Dances.

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### **Scrip Report**

In December our Fellowship members bought \$7,565 worth of grocery cards and coupons for Checkers, Dillons, Hy Vee, and The Merc through our Scrip program. The net profit to the Fellowship was \$425.40.

Here's how that \$7,565 breaks down by vendor:

\$2090 at Checkers    \$1675 at Dillons    \$2850 at Hy-Vee    \$ 950 at The Merc

We only had three sales Sundays in December owing to the snow cancellation of Dec. 27.

We have five Sundays in January, so let's try to make up for a slow December!

~*The Scrip team (Joe Gant, Chris Redford, Marcel Harmon, John Roper)*

### **LINK Report**

UFL members did it again! Thank you so much for delivering such wonderful food and volunteering so graciously and enthusiastically to make our LINK service on Saturday, January 9, so successful! We served 176 meals. It is wonderful to see such dedicated and hard-working people reaching out to make a difference in our community. Thank you, also, to Ellen Sward who has created such an organized effort that made it easy for me to step in while she was gone. *Ellen, you're great!*

Thanks to all. ~*Susan Harper.*

### **The Unitarian Chamber Music Series**

Please add the remaining four concerts to your calendar now. Details will follow.

*Sun., Feb. 7, 2:30 p.m.:* William Baker Festival Singers of Kansas City

*Sun., Feb. 21, 2:30 p.m.:* KU Saxophone Quartet 1

*Sun., Mar. 28, 7:30 p.m.:* Allegresse, a piano, flute, and oboe trio

*Sun., May 9, 2:30 p.m.:* KU Student String Quartet.

Subscription series tickets (\$20) are available between the Sunday programs or by contacting the Unitarian Fellowship office. Single admission at the door is \$5. Your support in continuing this series, begun so successfully in November with the appearance of the Spencer Consort, is invaluable.

### **Minister's Discretionary Fund Collection**

Because we had to cancel the Christmas Eve service, the board has approved the alternative date of Jan. 24, at the 9:30 service, for this special collection. Checks should be made out to the UFL, with MDF in the memo line.

## **Recycling Request**

Please do not contribute *styrofoam* items to the Fellowship's recycling containers. Although Home Recycling Service will collect plastic numbered 1 through 7, unfortunately, no facility is available to accept styrofoam. (*Note, we are not talking about the yellow bin, which is for paper only.*)

## **COMMUNITY CONNECTIONS --- From the Social Action Committee**

**Community Connection.** Our January collection is for the Peggy Bowman Second Chance Fund. *The fund assists women who need access to a full range of reproductive health care, including abortions.* The Fellowship has contributed to the Second Chance Fund for the past six or eight years. As with our past practice, Fellowship members may contribute by making checks out to the ***Fellowship, with Second Chance on the memo line.***

**Just Food Gathering, this coming Sunday, January 17.** With cold weather and costly utility bills low income families struggle to put enough nourishing food on the table. Our contributions of non-perishable food and cash donations help to ease their burdens. Please bring food and/or contributions on this coming Gathering Sunday. Make checks out to the ***Fellowship, with JUST FOOD on the memo line.***

**Peace Vigil Every Saturday Noon to 1 p.m.** at the corner of 9th and Mass., even through the wintry Saturdays of January and February.

## **SUMMARIES**

### **January 10, 2010, 9:30 a.m. NOW LET US REDEDICATE OURSELVES**

“Let us rededicate ourselves to the long and beautiful but bitter struggle for a new world,” Martin Luther King Jr. said. In that spirit, **Rev. Jill Jarvis** and **Heather Coffman** recalled their own personal journeys towards racial equality and sensitivity. Their early role models were Rev. Bill Sinkford (who spoke to Jill and other UU seminary students of the history of institutional racism at Meadville Lombard Theological School in Chicago for Unitarian Universalists), and Heather’s grandmother (who refused to wear white gloves, since gloves would prevent white ladies from touching black people). Today, there is still much work to be done, since stores still sell “flesh colored bandages” that are only pink, and when people need legal or medical help, or even transportation home late at night, it unfortunately may still be harder to get those things if you are a person of color than if you are white. –*Summary by Jean Dirks*

## **REMINDERS**

### **Chocolate and Coffee**

Be sure to look for wonderful Equal Exchange chocolate bars, chocolate mini-bars, roasted and salted pecans, sweetened dried cranberries and tamari almonds in addition to several varieties of coffee. Contact Susan Harper at [sbharper@sbcglobal.net](mailto:sbharper@sbcglobal.net)

**Time Change.** Our services are now beginning at **9:30 am** and end at **10:30 am**, and our programs start at **11 am** ending at **noon**. We will make every effort to accommodate those who need rides and

wish to leave immediately after the program. If you need a ride, contact the Care Team, [uflcareteam@sunflower.com](mailto:uflcareteam@sunflower.com).

### **Art This Month in Founders' Hall**

We are pleased to feature the work of Lawrence artist, Karen Wiley. If any word describes Karen's art it would be EXPLORATION! Most of Karen's focus is on texture and color; her work is mainly abstract or geometric. Since she rarely starts with a specific idea or design, she has learned to have patience, searching for the textural effects that please her and discovering along the way that each layer of texture usually adds something positive to the final layer she has been looking for. Please be sure to check out this new display in Founder's Hall.

### **Inclement Weather Policy Notice**

In case of inclement weather on Sunday mornings or Wednesday evenings, please check the Fellowship Web site (<http://www.uufl.net>) for cancellation notice or call the Fellowship at 842-3339, where the answering machine message will indicate whether Fellowship events have been canceled. In the event of cancellation, notices or phone messages will be posted at least an hour prior to the event. For other committee meetings or small-group activities, please contact the chair or host of the event.

### **Community Care Team:**

The UFL Community Care Team is available to assist members and friends of the Fellowship. The Care Team's role is to learn from the involved individual or family how we can be of assistance and provide the requested assistance within the limits of our resources. Care Team Coordinators are Beth Chao and Donna Swall. Contact the Care Team at [uflcareteam@sunflower.com](mailto:uflcareteam@sunflower.com) or call Rev. Jill Jarvis, 816-853-6530. See details at [http://www.uufl.net/comm\\_care\\_team.html](http://www.uufl.net/comm_care_team.html)

**Office Hours for Rev Jill Jarvis:** Rev Jill Jarvis has office hours on Wednesdays from 12:00 to 5:00 p.m., by appointment.

**Deadlines:** Announcements – Thursday Evening at 5:00 p.m. *Send items to [ufloffice@sunflower.com](mailto:ufloffice@sunflower.com)*  
Newsletter articles-- Monday at noon. *Send items to [ufl\\_newsletter@yahoo.com](mailto:ufl_newsletter@yahoo.com)*

### **Fellowship Dates to Keep in Mind**

**Jan. 13 Wed. Wednesday Supper (5:30 p.m.) and Activities**  
**Jan. 13 Wed. Fellowship Board Meeting, 6:30 p.m., in the sanctuary**  
**Jan 17 Sun. Just Food Sunday**  
**Jan 21 Thur. Roe v Wade Interfaith Service in Topeka**  
**Jan. 23 Sat. Cornelia Fields -Memorial service, 11:00 a.m.**  
**Jan. 24 Sun. Committee and Board Roundtable, 12:15 p.m.**  
**Mar 6 Sat. Fabulous Fellowship Follies**

**The Unitarian Fellowship of Lawrence**  
*A Welcoming Congregation*

1263 North 1100 Road | Lawrence, Kansas 66047

785.842.3339 [www.uufl.net](http://www.uufl.net)