

Sunday, October 18

9:15 Service. "The Mind-Body Connection: Symbols and Symptoms."

Psychotherapist, child psychologist, and author Dr. Sheelagh Manheim

Trained in the Jungian tradition, Sheelagh is familiar with a wide range of other traditions, too. With Jack Jonathan, she co-authored *Yes, You Can . . . Find More Meaning in Your Life*, as well as several other books. Sheelagh has also lectured on meditation, mysticism, and general spiritual development.

10:45 Program. "What Happens When You Hear the Rhino Speak"

Dr. Lois Wilkins, Ken Buck (president of Friends of Jung Society of Kansas City), and Jeff Lewis, LCSW:

Together we will explore through audience participation with our panel experiences with a variety of polarities. Examples of such polarities as joy and sadness, illness and wellness, calm and violence provide the paradox of our human experiences which expose our innate opportunities for transformations. The panel will help to moderate this discussion and will also be available to answer questions regarding the materials presented in the Friday night lecture "Listening to the Rhino: Where Psyche and Body Meet" and/or the Saturday workshop "An American Archetype: The Explosion as Icon of the Drive for Independence."

Food, Fun, and Friendship

Wednesday at the Fellowship

October 14, Everyone's Invited!



5:30 PM to 6:30 PM

Mexican Buffet!

Make your own tacos or taco salad!

Queso and chips * Spanish rice * Refried beans

Garden fresh pico de gallo & jalapenos

Limeade

Omnivore or vegan fare

Suggested donation \$5 Children under 10 free

Child Care 6:30 - 8:30



6:30 Movie—"HOME", film by Yann Arthus-Bertrand. Only 10 years to change the way we live on earth?

6:30 PM to 8:30 PM Youth Meeting

7:30 PM Executive Board Meeting

ANNOUNCEMENTS AND EVENTS

Friends of Jung --a weekend of events at the Fellowship

UFL is collaborating with a community organization to provide an important service to the Lawrence community. Kansas City Friends of Jung and UFL are co-sponsoring the weekend activities described below, featuring an internationally renowned author and lecturer. This event provides an outreach opportunity for UFL; it lets people know who and where we are. It is open to members and friends and the public.

Kansas City Friends of Jung in cooperation with the
Unitarian Fellowship of Lawrence presents

Where Psyche and Body Meet: Violence and Healing in a Scientific Age

Friday October 16 – Sunday October 18 featuring **Dr. Janet Dallett**

Internationally renowned author, lecturer, and Jungian analyst

Join us at the Fellowship for one or more events exploring the enormous role of the inner life in wounding or healing, making us sick and making us well, and perpetuating violence in our personal lives and in the world.

– **Friday Oct 16** ***Listening to The Rhino: Where Psyche and Body Meet***

7 – 9pm Lecture by **Dr. Dallett** \$20 / \$15 (FOJ / UFL Members & Students)

The ancients talked intuitively about the enormous role of the inner life in making us sick and making us well. There is clear danger in ignoring the dark side of life, and in our unspoken assumption that happiness is the only proper state of mind. The case history of a woman whose impending death was surprisingly averted in the course of her long Jungian analysis illustrates how devotion to the psyche's irrational requirements can affect the body in ways that science is only just beginning to investigate.

– **Sat. Oct 17** ***An American Archetype: The Explosion as Icon of the Drive***

for Independence 10 am–4 pm Workshop facilitated by **Dr. Dallett**

Lunch provided \$65 / \$50 (FOJ/UFL Members & students)

The American drive for independence and freedom finds expression in the image of the explosion: the fiery thrust of rockets into space, fireworks on the 4th of July and even outbursts in therapy sessions. As individuals, our explosions may propel us away from dependent relationships and outgrown authorities. As a nation, we employ bombs to achieve freedom from oppression. Explosions may support our drive for independence, yet at the expense of our personal and social drive toward a peaceful existence. *Registration at <http://www.kcjung.org/registration.php> or on-site

– Sunday Oct 18 *The Mind–Body Connection: Symbols and Symptoms*

Spiritual Celebration Service featuring Dr. Sheelagh Manheim 9:15 – 10:15 am

Including music, song, meditation, and readings

What do you do when you hear the Rhino speaking?

Program

and Panel Discussion 10:45 – 11:45 am

A panel of local Jungians will examine the polarities that characterize the human condition; e.g., joy and sadness, illness and wellness, love and hate, calm and violence. It is when we move into relationship with these paradoxical situations that we often find opportunities for personal and spiritual transformation. Our panel will also respond to questions regarding the materials presented in Friday's lecture and Saturday's workshop

Can the Writer Change Her Spots? Reading & Book Signing 2 – 4pm Dr. Janet Dallet The Stained Glass Room (at Buffalo Bob's Smokehouse) ● 719 Massachusetts ● No Charge

Villages Open House

You are invited to an open house and ribbon cutting at the newly renovated Lawrence home of The Villages Inc. on Friday October 16 from 3:00 to 6:00pm. Our fellowship provided generous financial support for the construction and operation of the two Lawrence homes on land made available by the Oldfathers on "their hill" in the 1970s. The Villages provide emotionally supportive homes for children and youth in need.

Come for snacks, hot cider and fun with the kids. 1149 E 1200 Road.

Call Lee Ketzler for directions. 843-4834

New Chamber Music Series at the Fellowship

Impetus for this new series of classically oriented chamber music comes from the Fellowship's goal of increasing our connection with the community. The series also fills a need for local professional groups and talented KU ensembles to perform for a local, appreciative audience in an intimate and attractive setting.

The first of five concerts will be Sunday, November 8, 2009, at 2:30 p.m. in Founders Hall. The Spencer Consort will present music of the 18th Century playing period instruments: baroque flutes, recorders, cellos and harpsichord. Sylvia Stoner, mezzo soprano, joins the consort in Purcell Cantata and four unusual and delightful songs set by Haydn and arranged by the consort for their instruments. The Series will feature two outstanding groups from KU, a saxophone quartet directed by Prof. Vince Gnojek, and a brass quintet directed by Prof. Steve Leisring. The trio Allegresse will appear March 28th in an evening concert. They already have recorded, performed on KANU and have in their repertoire several pieces composed for them. The Series is rounded out with a concert featuring several of our Fellowship musicians.

The Series is designed to be self supporting by having a series subscription of five concerts for \$25. Single admission tickets are \$5. Subscriptions may be purchased after each service in the next four Sundays and at the Spencer Consort performance November 8. A check can be mailed to the Fellowship, 1263 N. 1100 Rd, Lawrence, KS 66047. Be sure to put "chamber music series" on the memo line. Enjoy and support this new endeavor! We need to get the ball rolling, so subscribe now and promote it among your friends. Some of the concert dates are being determined at this point. We will keep you apprised of the details in announcements and further publicity. Contact person for the Series is John Boulton, jboulton@ku.edu or (785) 842-4429.

Community Care Team --updated contact information

The UFL Community Care Team is available to assist members and friends of the Fellowship. The role of the Care Team is to learn from the involved individual or family how we can be of assistance and provide the requested assistance within the limits of our resources. Care Team Coordinators are

Beth Chao, Susan Cooper, and Donna Swall. To contact the Care Team, e-mail uflcareteam@sunflower.com or call Rev. Jill Jarvis at 816-853-6530.

Scrip Report

In September our Fellowship members bought \$8,600 worth of grocery cards and coupons for Checkers, Dillons, Hy Vee, and The Merc through our Scrip program. The net profit to the Fellowship was \$483.50.

Here's how that \$8,600 breaks down by vendor:

\$1650 at Checkers

\$2875 at Dillons

\$3250 at Hy-Vee

\$825 at The Merc

If you haven't participated in this fund-raising effort, here's how it works: stop by the Scrip sales table in the lobby on Sunday and buy gift cards or paper certificates issued by the participating merchants. The Fellowship gets the scrip at a discount (5% or 6%). You buy at face value and spend at face value. So if you plan to spend \$100 at Dillons, for example, you can do it with Scrip and earn \$6.00 for the Fellowship. Scrip can be used to buy anything at the participating stores, even gasoline. Since you are going to eat and drive anyway, this is a painless way to raise money for the Fellowship.

The Scrip team (Joe Gant, Chris Redford, Marcel Harmon, John Roper)

Theology for a Secular Age: Join UFL consulting minister Rev. Jill Jarvis for a course based in this year's "UU University" General Assembly offering

Subsequent Wednesday sessions: October 21--What is the nature of existence and how do we fit into the picture? October 28--What in the world is divine, if anything? What is the uniquely human challenge? November 4--What are the purpose of faith and the role of religion? November 18--What does it mean to be a religious community? December 2--How shall we live in order to transform ourselves and the world?

A Thank-You from Judy Wilson

This is a "thank you" to the members and friends of the Unitarian Fellowship of Lawrence. I would like to thank all of you for the past years in which we all worked together. My time as chair of the CPC and also as chair of the Fellowship have been busy but exciting times for all of us. Your help, patience and understanding made my jobs a bit easier. Let no one tell you that being chair of this group is easy, but it is rewarding. The wonderful part, for me, is that most of the objectives of the CPC report have been fulfilled. We all should give ourselves a big pat on the back for that. We have a new building, a minister, and mid-week programming. All of these items were in the report. Our web site is up and improving weekly and we put out a great newsletter. Let's keep up the good work for the future. I hope to see you not only on Sunday but on Wednesday when we have a meal and classes or movies or, the list is endless. Thanks, again. *Judy Wilson*

COMMUNITY CONNECTIONS: from the Social Action Committee

Proposed UFL Health Care Resolution: A Membership meeting for the purpose of discussing and acting on the proposed Resolution on Health Care will be held on Sunday, Oct 18 between the 9:15 service and the 10:45 program. The resolution will be explained and discussed, may be amended, and then will be approved for formal proposal. A congregational vote will be held on the proposed UFL health care resolution on Sunday, Oct 25, between the 9:15 service and 10:45 program. After a brief opportunity to ask clarifying questions (but no further amendments made), a yes or no vote will be taken. If you cannot attend in person for this significant and timely vote, please designate a proxy in

writing to UFL secretary Ellie Unruh or to the person you're asking to vote for you (remember that each member present for the vote may hold only one proxy). Proxy forms may be used and will be available on Oct 18.")

The proposed Resolution on Health Care officially adopted at the open Social Action Committee on October 4 reads as follows:

Resolved that the Lawrence Unitarian Fellowship affirm the 2008 Action of Immediate Witness calling for "congregations to become informed advocates for universal access to nonprofit health care financing through social action and adult religious education," and,

be it further resolved: the Unitarian Fellowship of Lawrence encourage members to work with other people of good will to actively support and advocate for health care reform including single-payer universal health care, and

be it further resolved: that the Chair of the Fellowship, acting on behalf of the members of the Fellowship Community, communicate the position of Unitarian Universalists and the Unitarian Fellowship of Lawrence on this issue to the President and members of Congress and advocate passage of universal health care legislation.

October Community Connection: Women's Transitional Care Services. October is Domestic Violence Month. Women's Transitional Care Services, Inc. (WTCS) works toward the elimination of family violence and peace in the world by elimination of violence in our communities. WTCS is dedicated to the empowerment of women and children; the creation of peaceful, safe space; the promotion of equality and respect for all people; the appreciation of differences; and the social action necessary to achieve these goals. Contributions may be made to the UFL with *WTCS* noted on the memo line.

WTCS Halloween Bowl Benefit Kickoff Party

Saturday, October 31 3-5 pm

Royal Crest Bowling Lanes 933 Iowa

\$10 for 2 games of bowling plus shoe rental

(offer good thru 11-17-09 (if lanes available and not valid on Fri or Sat after 7 pm)

Fun for the whole family!

The Annual Blintz Brunch will be held at the Jewish Community Center, Sunday November 1, 10 a.m. to 2 p.m. Funds raised contribute to. Consider joining with our Jewish friends for a festive community experience. The cost is \$8.00.

October is Gay, Lesbian, Bisexual and Transgender History Month.

For History Month listings, please visit www.GLBTHistoryMonth.com and for several film festival listings, please check last week's newsletter, available at

<http://www.uufl.net/newsletters/pdfs/UFLNews-10-06-09.pdf>

Social Justice Calendar

October 18 Just Food Gathering Next Sunday is our Third Sunday Gathering Day for the Lawrence Food Pantries. JUST FOOD now has a Food pantry warehouse which will greatly increase the efficiencies of receiving and distributing food for children and families with serious nutritional needs. Please bring healthy non perishable food items for the JUST FOOD basket or a check made out to the Fellowship with JUST FOOD on the memo line.

Kansas Advocates For Better Care

Sunday, October 18, 2 to 5 pm. A benefit honoring **Congressman Dennis Moore** with the inaugural **“Stand By Me Award.”** at Springhill Suites by Marriott, Lawrence. Music will be provided by Johnny J and the Receders with Jannelle Frost for listening and dancing. There is no cost however contributions will be generously accepted.

Family Promise Report: the Fellowship provided two meals and several volunteers to support First Baptist last week while they hosted families at their church. The program is operating at capacity, serving 14 individuals, 9 of them children. Want to get involved? Contact Donna Eades or Janney Burgess, and watch for Family Promise updates in December for the next host date in January. A special thanks to Donna and Isabel for their special service.

Excerpts from a note of thanks forwarded to Donna Eades from Family Promise:

"... I wanted to be sure and let you know what a HIT the book shelf full of books were with one of our guests. [A young girl], who is 10, LOVED the books...she pulled off several and started reading them. ..You all are soooo wonderful and we appreciate all that you do so much.....i just wanted to be sure and let you know how very very grateful we are for your kind church."

Immigration Justice Advocacy Coalition: The IJAM Benefit Banquet 2009 will be held Thursday, November 5, 7 pm, at Colonial Presbyterian Church, 9500 Wornall Rd – KC, MO. Theme: “Neighbors not Strangers.”

November 14, Saturday LINK: Mark your calendar and plan to prepare food and/or serve at the Lawrence Interdenominational Nutrition Kitchen.

Peace Vigil: Ninth & Massachusetts St., noon to 1 pm on Saturdays. Lawrencians advocating peace are always welcome to be part of the event.

Office Hours for Minister:

Office hours for Rev Jill Jarvis are on Wednesdays from 11:00 a.m. – 1:00 p.m.

Treasurer’s Note: Whenever you write a check to UFL, please note the purpose in the memo line, so we may properly route & credit your donation.

Recycling Reminder: Per the signs on the yellow recycling container in the parking area, please do not put cardboard or chipboard items in the unit.

Deadlines

Announcements for the Sunday Bulletin: Thursday evening at 5:00 p.m. uflooffice@sunflower.com
Articles for the Newsletter: Monday at noon: ufl_newsletter@yahoo.com

Fellowship Dates to Keep in Mind

Oct 14 Board Meeting, 7:30 p.m.
Oct 16,17 Spirituality and Health Lecture, Workshop
Oct 18 Just Food Sunday

The Unitarian Fellowship of Lawrence
A Welcoming Congregation