

Unitarian Fellowship of Lawrence
WEEKLY NEWS
August 25, 2009

Sunday, August 30

9:15 Service: "From Spirit to Me: The Birth of Creativity"

What is creativity? What is its source? And just how does it relate to spirituality?

This Sunday's service will explore these concepts and how they might be related. Cindy Novelo, local artist, musician and songwriter, will share her experiences on the creative path and how these have deepened her spiritual journey and vice versa. As she has grown as an artist, she has come to believe these two ideas are intimately connected, one unable to exist without the other.

Without spirit, could there be creation? And without creation, would there be spirit?

Cindy, through the sharing of several of her own musical compositions, will relate these ideas to her life as an artist, focusing especially on the idea that creativity emanates primarily from inspiration--literally, the taking in of Spirit, which is for her the essence of spirituality.

10:45 Program: "A Musical Morning"

Members and friends of our Fellowship, including John Brewer, Susan Harper, Chris Brown, Richard Johnston, Lauralyn Bodle, Bob Cross, and Cindy Novelo will present a potpourri of musical styles and instruments (including the human voice) for our enjoyment.

Attention all kids! Splash Day August 30!

It's "wear your swimming suit to fellowship" day on August 30! We will have outdoor water activities and cool treats from 9:15 to 11:45. Come for part or stay all morning. Bring your towel and be ready for fun! Parents – Contact Carol Eades Delnevo @ askeades@aol.com if you have water toys to lend for the morning.

WEDNESDAY EVENINGS ONCE AGAIN.

Wednesday Night Programming is back!

Join us as we kick-off the Fall season of Wednesday Nights with a meal and a Barn Dance **September 16th**. Some classes and groups will begin meeting the following week, September 23rd.

Below are the titles and start dates of the five adult groups that will be offered this fall. For more details on each, please see the UFL website (http://www.ufl.net/wed_night_class_descriptions.html) or the printed version on the bulletin board near the restrooms.

On the second Wednesday of each month (Board meeting nights), we'll suspend classes and alternate the popular Barn Dances and Movies so nobody has to pick between them. As always, childcare will be provided from 6:30-8:30 p.m., so there's truly something for everyone!

Sign up for classes either on the sheets in the Social Hall or by e-mailing Michelle Iwig-Harmon, miwigharmon@sunflower.com. The sign up sheets are beneath the bulletin board, on clip boards. **Registration closes on September 13**. After that date see facilitator about joining the group. It looks like a good year.

First Wednesday Book Group: Ted Wilson will offer a once a month book group starting Oct. 7 titled "What If? Works of Alternate History."

Third Wednesday Book Group: Susan Rickman will facilitate a once a month book group starting Sept. 23rd, centered on Huston Smith's, The Illustrated World's Religions: A Guide to Our Wisdom Traditions.

Support Group: Mark Larson will facilitate a Support Group starting Sept. 23rd, for anyone who would like to experience a group of people sharing and caring for one another.

Weekly Book Group: Susan Harper will offer a weekly book group starting Sept. 23rd to discuss the book Fingerprints of God (The Search for the Science of Spirituality) by Barbara Bradley Haggerty.

Theology for a Secular Age: Rev. Jill Jarvis will offer a weekly class starting Oct. 21st, titled "Theology for a Secular Age." NOTE: Jill is looking for help to prepare and operate power point presentations and videos as a part of this class. If you would be able to help, please contact her at jjarvis1@kc.rr.com.

Vespers: Starting on September 23 members of the Spiritual Celebration Team will take turns leading a short Vespers Service from 6:10 – 6:30 p.m. in the Sanctuary. Readings and hymns will be on a theme chosen by the leader. There will be time for joys and sorrows, as well as meditation and quiet. Due to the meditative quality of this service, we ask that children who cannot sit quietly for the duration of the service remain outside the sanctuary. If you are interested in leading a Vespers Service, please contact Heather Coffman at hcoffman@gmail.com.

Youth: The youth will meet weekly starting Sept. 23rd, from 6:30-8:30 p.m. in the Emerson Room except on Board Meeting nights, when they'll be preparing the meal and then joining in the Movies and Barn Dances.

ANNOUNCEMENTS AND EVENTS

Nancy Jorn Unanimously Elected Chair-Elect

At a brief 10:30 Fellowship meeting last Sunday morning Nancy Jorn was elected chair-elect by acclamation. Her chair-elect term will run from October 1, when our current chair-elect Betty Baron becomes chair until June 30, 2010. Nancy will then serve as Fellowship chair from July 2010 – June 2011. Our congratulations to Nancy!

New Member is Familiar Figure at UFL

Tim Dingus graduated from high school in May and has taken another rite of passage by formally signing the membership book last Sunday morning, August 23. Congratulations, Tim!

The UFL Garage Sale Needs Your Help!!! (As well as your stuff)

We need volunteers for set up Friday 8/28 anytime from 3PM to 8PM; and also on Saturday 8/29 (The Big Day!!). Volunteers are needed to perform set-up, and to "work" at cashiering, bagging, tidying and tearing down after the event. Shifts start at 7AM and end at 4PM, and volunteers can work as little as an hour, or stay and help for longer.

Please contact Mark Larson or Sue Lewis (785-748-0068/913-244-7585) for details or sign up. Also, keep bringing in your donations to add to those already in the Alcott Room!!

Unitarian Yard Sale Saturday, August 29 8:00 a.m. to 2:00 p.m.

You'll want to be sure to arrive early for this event! The list of donated treasures is growing Here's some of what's available for purchase: Duncan Fife dining table and chairs, China cabinet, several computer tables, large metal desk, 6-ft. aluminum ladder, rocking chair, lawn glider swing in

frame (new), skillets and pans, luggage, microwave, camera tripods, insulation for half inch pipe, two air mattresses, chaps for motorcycle riders, tiki torches (new), floor lamps, carpet (5 x 7), small wooden desk, 8-light chandelier, several shop appliances and kitchen appliances, pillows, computer battery backup (new), adjustable crutches, three sets interior wooden shutters, auto jack---and much more!!!!!!!

And it's not too late to donate items for the sale!

- Small items may be brought to the Alcott Room in the RE wing any time the building is open between now and the sale date. Sunday mornings would be a good time, also during Devin's office hours (Mon 8-1p.m., Wed 8-12noon, Fri 8-2p.m.).
- Furniture and large items may be brought from now until the morning of the sale August 29. If you need help in transporting large items, please contact Mark Larson, 841-7446, or lars_owl@yahoo.com

Cups Seeking Homes: As part of the project to rehabilitate the basement all members are requested to remove their cups hanging on the cup hooks in the basement. All cups remaining next Saturday will be put in the garage sale.

Dinners for Eight Sign Up Sheets Coming Soon

Soon you'll all be invited to sign up for Dinners for 8.

If you've not attended a Dinner for 8, you're in for a treat. When you sign up, you'll have the opportunity to get together 3 times during the year for a pot luck meal with a small group of other members and friends.

You'll meet different people at each dinner, and have a chance to visit in a relaxed setting. No matter if you're a long time member or just beginning to think about becoming a UU, whether you're single or partnered, you're welcome for dinner.

Participants attend one dinner in the Oct/Nov timeframe, one in Jan/Feb, and one in Mar/Apr. Hosts (those who volunteer to host one dinner) receive a list of guests for their dinner and contact them to set a date for dinner. Hosts also provide the main dish, and guests bring other dishes.

So watch for the sign-up sheets during coffee hour—by signing up, you'll be sending your RSVP to join in a fun activity.

Come Join the UFL Greeters

New UFL members and longer-term members alike are invited to become greeters for the Sunday service and/or program this year. You don't have to know everyone in the Fellowship already, and you don't have to already "know the ropes." If you like people (well, at least most of the time), and are willing to volunteer a few hours on Sunday morning, then this is a great opportunity for you. We're looking to form about six or seven groups of three greeters, so each group volunteers about once every six or seven weeks. A brief orientation session/social for greeters will be conducted in early October. If you'd like to greet at the Sunday service, or the program, or both, please contact Valerie Roper (vgracev@sunflower.com).

Final Friday Women's Night

UFL women will be gathering for food and fun this Friday, August 28 at the home of Donna Eades, 1611 Learnard in Lawrence. Bring a favorite snack and/or drink to Donna's house at 7 :00. See you then!

Do you like to sing?

Join the UFL choir! Choir practices are at 7:30 on Wednesday evenings. Until the Wednesday gatherings begin in September, we will meet at the home of choir director Susan Harper. For more information, contact Susan at 785-830-8487 or at sbharper@sbcglobal.net.

Grades 7, 8 and 9 *Our Whole Lives* Coming Next Year

UFL members Tom Cravens, Rebecca Gant, Chris Redford and Carol Eades Delnevo participated in facilitator training for Jr./Sr. High *Our Whole Lives* and are now certified to facilitate groups at UFL. The training was sponsored by Plymouth Congregational Church and held in Lawrence August 14, 15 and 16. Over twenty UU and UCC participants came from the region and as far away as San Diego to learn effective techniques for facilitating groups of youth as they learn about sexuality in a comprehensive and age appropriate way. Our long-range plan is to offer the 27-session OWL curriculum for 7th, 8th and 9th graders starting September 2010. For more information about *Our Whole Lives*, see <http://www.uua.org/religiouseducation/curricula/ourwhole/> or contact any of the participants.

Treasurer's Notes:

Please help your Treasurer and Assistant Treasurer! In order to have your payments properly credited please write the word "pledge" in the memo line of any pledge payment checks. If you are making a payment outside of your pledge or do not pledge, simply put the word "gift" or "donation". You do a great job of listing the community organizations you're supporting on the memo line and please continue to do so. We hope this will lead to less confusion come tax letter time and that we can keep an accurate accounting of each of your pledge payments. We really appreciate this!

Save the Date: You will be on Cloud Nine when you join our Congregation Celebration on 09-09-09. You can help consume the whole nine yards of brats and enter in our contest to see who did the best job dressing to the "nines". Plenty to eat, and plenty of entertainment to enjoy. We will start to warm up at 5:30PM and (of course) end at 9PM.

At the Fellowship

On Friday, Oct. 16, from 7:00-9:00 pm, Janet Dallett will present "Listening to the Rhino: Where Psyche and Body Meet," at the Fellowship. The event is sponsored by the Friends of Jung in Kansas City. Price of admission is \$20. Dallett is characterized by Nicholas French as "a shamaness who offers compassionate guidance into the dark forest – and knows when she must let us find our own way." ~ John Brewer

The Annual Cluster Retreat: The Annual UU Southern Cluster Retreat will take place this fall, October 9-11 at Tall Oaks Camp and Conference Center. Please save the date and watch this space for more info.

Recycling Reminder. Please no cardboard in the yellow dumpster! Per the signs posted on the newspaper recycling container, please do not put any cereal boxes or other cardboard items into the unit.

OWL for K-1st and 4th-5th Grades Offered this Year. Save the Dates!

Our Whole Lives (OWL) is a series of sexuality education curricula for six age groups from kindergarten through adulthood. *Our Whole Lives* helps participants make informed and responsible decisions about their sexual health and behavior. It equips participants with accurate, age-appropriate

information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. Grounded in a holistic view of sexuality, *Our Whole Lives* provides not only facts about anatomy and human development, but helps participants to clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality. More information is provided at <http://www.uua.org/religiouseducation/curricula/ourwhole/>. The Religious Education Committee will be offering the OWL curriculum for kindergartners and first graders this fall, taught by Jeff Lewis and Susan Crain Lewis. We will start with a parent/caregiver meeting on Sunday, Sept. 13 from 10:15 to 11:45 for families wishing more information. The curriculum and classroom materials will be available for viewing. A parent/child orientation session will be held Sept. 27 from 9:15 to 12:00 and attendance is required for participation in the program. Childcare will be provided for both meetings. Eight sessions for children will be held on Sunday mornings from 9:15 to 10:15 with a tentative schedule of Oct. 4, 11, and 18, Nov. 1, 15, and 22, Dec. 6 and 13. The usual Sunday morning religious education classes will continue to be available for those who choose not to participate in OWL. Members and Friends will be given enrollment priority and others are welcome on a space-available basis. Cost is \$15 for Members and Friends, \$35 for non-members. Scholarships are available. Contact Carol Eades Delnevo for more information or questions at askeades@aol.com or 856-9165.

We will also be offering OWL classes for 4th and 5th graders next spring, taught by Peter Graham and Carol Eades Delnevo. Watch this space for the December parent/caregiver meeting date!

Consulting Minister Availability

Our consulting minister, Rev. Jill Jarvis, will be away from the Fellowship during August and September. She can be reached by email at uflminister@sunflower.com. She will resume office hours and her regular schedule the first week in October.

COMMUNITY CONNECTIONS

(from the Social Action Committee)

Community Care Team Request: Transportation help needed—Sept. 3

A Fellowship member needs a ride to a Wyandotte County medical appointment on Thursday, September 3, leaving Lawrence by 10:15 a.m. and leaving Wyandotte County at about 2:15 p.m. to return to Lawrence. The appointment is off of I-70 and the driver could wait at the medical office or perhaps drive over to the Legends for shopping and return to pick up the patient (Fellowship member) about 2:00. If you can drive for this appointment, please e-mail uflcareteam@sunflower.com or call Susan Cooper at 760-1693.

August Community Connection: Immigrant Justice Advocacy Movement (IJAM) with a focus on No More Deaths. In keeping with our commitment to the Movement we are inviting contributions for the work of No More Deaths. This is the organization Marta Caminero-Santangelo and Diego Frazier volunteered with on the border--Marta, most recently, this summer. August is the hottest and most dangerous month of the year for the border crossings. Marta shared her experiences and observations from her two weeks on the Mexican side of the border last Sunday. In addition to *contributions with checks* made out to the Fellowship and "NMD" (No More Deaths) on the memo line, we are also inviting *contributions of used jeans and T-shirts and socks* in good condition, as suggested by both Marta and Diego, to be sent to The Migrant Resource Center in Agua Prieta, Mexico, which partners with No More Deaths. Marta will collect again this Sunday and ship all clothing donations.

Family Promise Book Drive. Host week for First Baptist church is September 27 – October 3. They have asked for our help to collect books suitable for elementary age readers (ages 5-12) as well as

a small book shelf, with the idea of creating a rotating library of books that children could take with them. If you have books you'd like to donate, please bring them to the Fellowship by September 20. They are also looking for a couple of people who would be willing to prepare a main course/potatoes to serve 15-16 people. Popular meals in the past have included fried chicken, mac & cheese, chicken noodles, ham, pork roast (simple, single-ingredient, comfort food goes over big with kids and adults alike). Meals can be delivered hot and ready to serve, or cold for the church volunteers to heat and serve. Anyone who is interested in a host shift onsite at First Baptist, please contact Donna Eades to schedule a time. Questions? Contact Donna Eades or Janney Burgess.

Raise Awareness, Decrease Stigma; Get Some Exercise and Have Some Fun!!!!

The 3rd Annual Bike for the Brain will be held on Labor Day (Sept 7th) at 8 AM. Riders will meet at the Johnson County Mental Health Center located at 6000 Lamar in Mission, Kansas. The ride features biking routes of 10 miles, 25 miles, 50 miles and 64 miles as well as fun run/walks of 1 mile and 5 kilometres. This event even includes an adult tricycle race.

(Watch for a YouTube video clip of UFL members competing, and winning) Advance registration is \$20; it's \$25 the day of the event. To register, go to www.bike4thebrain.org or get a flier from the Fellowship bulletin board.

Excerpt from UUA President's Letter to UUs on Health Care Debate

“True democracy can only exist where each voice is heard, where debate is open and civil, where people can disagree without being threatened. Good people can and do disagree about health care policy. However, we must all join together to demand open, respectful debate. As religious people, let us insist on two things: We must create a health care system that protects the most vulnerable, and we must insist on a democratic process that is open to all.”

Office Administrator Office Hours Monday 8 a.m. – 1 p.m.
Wednesday 8 a.m. – 12 p.m.
Friday 8 a.m. – 2 p.m.

Peace Vigil Ninth & Massachusetts St., noon to 1 pm on Saturdays. Lawrencians opposed to war are always welcome to be part of the event.

Deadlines

Announcements for the Sunday Bulletin: Thursday evening at 5:00 p.m. uflooffice@sunflower.com

Articles for the Newsletter: Monday at noon: ufl_newsletter@yahoo.com

FELLOWSHIP DATES TO KEEP IN MIND

Aug 28 Women's Final Friday

Aug 29 Fellowship Yard Sale

Aug 30 Splash Day

The Unitarian Fellowship of Lawrence
A Welcoming Congregation

1263 North 1100 Road | Lawrence, Kansas 66047

785.842.3339

www.uufl.net